



Procedure related to sun protection

Associated National Quality Standard	Education and Care Services National Law or Regulation	Associated Department policy, procedure or guideline
2.2	114	Student health in NSW schools: A summary and consolidation of policy

Describe the amount and type of shade available. How and when are children encouraged to play in the shade?

Our preschool outdoor environment has many shaded areas provided by trees, shade cloth and a long covered veranda. We encourage children to play in the shade by setting up activities under trees or under covered areas. Staff are mindful of areas with direct sunlight and avoid setting up activities in these areas.

Describe any daily routine/timetable variations made depending on the UV rate and time of year

Our outdoor routine changes with the season. In summer, we play outside in the early morning, and in winter we play later in the morning or in the afternoon.

The SunSmart App daily UV times guides our sunscreen application.

In Summer when children are playing outside in the morning, parents are provided with sunscreen to apply on arrival. In winter if sunscreen is required, children will apply 20 minutes prior to playing outdoors.

Do children wear a hat outside all year round? Do educators wear a hat outside all year round?

Children and Educators (including duty and relieving teachers) must wear SunSmart broad brimmed hats outdoors mostly all year round. During the winter months when the UV rating is low children may be asked to take their hats inside during pick up time between 2:30pm and 3pm.

Must hats be 'sun-safe'?

Our preschool hats are SunSmart broad-brimmed hats with the recommended brim size of 6cm.

Who provides a hat for each child? Where are these stored? How are these kept clean? What happens if a child forgets their hat?

Families purchase preschool hats from the school during preschool orientation. These are labelled and kept at preschool all year and washed weekly. We have spare hats for children in case their hat gets dirty or is lost.

Describe how educators model sun-safe behaviour.

Educators model sun-safe behaviour by wearing sun-safe hats and clothing, applying sunscreen and using and promoting the use of shaded areas for play.

Do families or the preschool provide sunscreen?

We have SPF30+ sunscreen at preschool . It is located near our sign in books.

How and when is sunscreen applied to children?

Sunscreen must be applied 20 minutes before going outside. Educators to follow the recommended sunscreen reapplication time as per instructions on the bottle.

If educators apply sunscreen to children, how is family authorisation to do this collected?

We ask that parents sign a permission note to authorise their child to apply sunscreen at preschool. Where children have allergies or sensitivity to the sunscreen, parents are asked to provide an alternative sunscreen, or the child encouraged to play in the shade.

How are the expiry dates of sun screens monitored?

Sunscreen expiry dates are checked as a part of our first aid checklist. This is checked at the end of each term.

How is sun safety addressed in the education program?

Sun Safety is discussed verbally with children regularly throughout the year.

Are any additional sun safety measures taken on excursions or sports days?

When children are on excursions all sun protection practices are planned, organised, understood and available.

Are families asked to dress their child in sun-safe clothing?

Our children wear a collared preschool polo top that has sun protection fabric. Families purchase this top through the school. If a child comes in clothing that is not sun safe they are provided with a spare top.

Is sun safety information (such as produced by the Cancer Council) made available for families' information?

We have sun safety information available for families in our foyer.

Reviewed June 2022